



Scarborough Maine Lions Club

Since 1948

May, 2003

What's Happening?

There will be no regular meeting on Thursday, May 1st, as the club voted at the last regular meeting in April to join the Yarmouth club in a joint meeting, on Monday, May 5th, at the DownEast Restaurant at 6:00pm. The meal will be \$12 off the menu.

Secretary Ed would like anyone who is unsure of their attendance for this 2002-2003 year to check with him.

At the first regular meeting in April, Lion Gerry came in and told Lion George that his car was running in the parking lot.. It seems that Lion George was seated on his remote car starter in his pocket, while he was eating, and his car kept starting, running and stopping.

I was told that Lion Ed C. took Lion Gerry to the airport recently, forgot that he had promised to sub for him at Bingo, and then went back to the airport to pick Lion Gerry up when he returned from his trip, a day early.

Last Saturday morning, I answered a call on my cell phone. It was Lion Gerry who said "Hi, I'm calling to see if you can help out at the Wal-Mart Garden Center opening today?" So, I said, "Right now I am standing in the train station in Washington, D. C., in the ladies room." So Gerry said, "So, do you think that you can be here in an hour?" When I assured him that I really was in Washington, D. C. he excused me from taking a shift at the cotton candy and soda gig.



Quizzies

1. Name the only male diver to win four titles.
2. Name the only professional basketball player to score 100 points in a game.
3. Name the only driver with the same surname as a car to win the Indianapolis 500.
4. Identify the only major league pitcher to strike out twenty batters in a single game.
5. What is the only word that ends in cede?
6. Name the only perennial vegetable that is served as a dessert?
7. What was the only television commercial Elvis Presley ever made?
8. What is the only tree that can survive in salt water?
9. Name the only bird that "drops" it's upper eyelid to wink.
10. Name the only U. S. president born on the Fourth of July.

Answers on page 4

Eyeglass Count

(Wal-Mart Recycling Mailbox)

4/24 23 pair eyeglasses

Recipe of the Month

Four-Veggie Bake

1 10-oz pkg frozen chopped spinach,
thawed and drained
1 4-oz can mushroom pieces, drained
¼ c finely chopped onions
1 c finely shredded carrots
2 egg whites
3 tbsp dry bread crumbs
2 tbsp plus 2 tsp reduce-calorie margarine
salt & pepper to taste

Preheat oven to 350° .

In a large bowl, combine all ingredients.
Mix well.

Place in a 1-quart baking dish that has
been sprayed with a non-stick cooking
spray.

Bake, covered, 20 minutes.

Uncover and bake 20 more minutes.

Makes 4 servings at 97 calories per
serving with 5 g protein, 4 g fat, and 10 g
carbs.



May Birthdays

5/2 Chuck Fahey
Derrek Hansen
5/8 Gerry Butts



Crab and Noodle Casserole

¼ c reduced-calorie margarine
2 tbsp finely chopped onion
½ c finely chopped celery
3 tbsp all-purpose flour
½ tsp dry mustard
¼ tsp salt
? tsp pepper
? tsp garlic powder
? c nonfat dry milk
1-½ c water
1 tbsp lemon juice
1 tsp sherry extract
8-oz crab meat
1-? c low fat cottage cheese
2 c cooked noodles

Preheat oven to 350° .

Melt margarine in a small saucepan over
medium-low heat. Add onion and celery.
Cook until tender, about 10 minutes. Stir in
flour, dry mustard, salt, pepper, and garlic
powder.

Dissolve dry milk in water. Gradually add
to onion mixture, stirring constantly. Cook
until bubbly and slightly thickened, still
stirring. Remove from heat. Stir in lemon
juice and sherry extract.

Add crab meat, cottage cheese, and
noodles. Gently stir until mixture is
combined.

Spoon into a 1-½ quart casserole that has
been sprayed with a nonstick cooking
spray. Bake, uncovered, 30 to 40 minutes.
Serves 4 at 334 calories per serving with 29
g protein, 9 g fat, and 32 g carbs.

World's Stupidest Criminals

A burglar who broke into a baker's shop in Viblach, Austria, in August 1985, found it something of an alarming experience. As he crept across the office in the dark, he was suddenly attacked by Lola the cockatoo. During the fight, the burglar knocked over a glass tank containing Egor the viper. By flashlight he saw Egor slithering across the floor, and at that moment, the baker's pet mynah, Peppino, started his favorite imitation: a doorbell. Terrified, the burglar crashed through a window, cutting himself as he escaped. Baker Robert Koloini, roused by the noise, came downstairs to find his office in chaos, but the \$3,600 in his safe still intact.

Anthony Brown, 42, broke into a house in Fulham, England, to steal copper pipes. He cracked open a gas main, blundered around in the dark, lit a match to see, and blew the place up. Amazingly, he survived, and more amazingly, he went on removing pipes as flames roared around him. The house was completely wrecked. The next day he returned for more and ran straight into police investigating the blast. In March 1984 he was sentenced to 40 1/2 years.

Another hot-night burglary in Fulham was carried out by Tony Wallcott, 19. He took off his shirt because of the heat, then fled in panic when disturbed, leaving his shirt behind. In the pocket was his Sun bingo card with his name, address, phone

number, and occupation which he entered as "a layabout." Police soon nabbed him; he admitted two other crimes, and got 18 months' youth custody in November 1984.

Cat burglar Cosimo Ceglie, 29, was confident guests would be asleep as he eased along a parapet outside the fourth floor of the Lecco Hotel in Milan, Italy. But that night in July 1986 was sticky and hot, and one guest decided more ventilation was needed. He got up, opened the window, and sent Ceglie flying. He fell four floors, breaking both legs.

In May, 1993 Brian C. Jones was arrested in Norfolk, Virginia, and charged with breaking into his next-door neighbor's house, stealing a television, camera, and VCR, and then setting the house on fire, gutting it, to destroy any evidence linking him to the theft. Unfortunately, as Jones's house shared a wall with the neighbor's, his own home suffered heavy smoke damage. This opened the house to firefighters, and the neighbor's equipment was spotted inside.

May Service Anniversaries

5/1 Doc Yayla	14yrs.
5/3 John Maroon	30yrs.
5/5 Chuck Fahey	9yrs.
5/7 Paul Cyr	5yrs.
Gary Lamson	5yrs.
5/15 Derrek Hansen	6yrs.





Scarborough Lions Club
P.O. Box 644
Scarborough, ME. 04070-0644

May Calendar



5/1 NO MEETING

5/5 6:pm Joint Meeting with Yarmouth Club

DownEast restaurant –Meal \$12 off the menu

5/8 7:pm Board of Directors Meeting

5/15 6:30pm Social Hour/Speaker Lion Bob Buttarazzi

7:pm Dinner Meeting/roast pork, mashed potato, vegetable, salad & dessert

1. American Greg Louganis won both the springboard and platform titles at two consecutive Olympics; the 1984 Los Angeles and the 1988 Seoul games.
2. Wilf Chamberlain of the Philadelphia Warriors, March 2, 1962, against the Knicks, in front of only 4,124 paying fans. Final score was 76ers 168 and Knicks 147.
3. Gaston Chevrolet in 1920, but he was not driving a Chevrolet.
4. Boston Red Sox pitcher Roger Clemens on April 29, 1986 against the Seattle Mariners in Fenway Park.
5. Supercede.
6. Rhubarb.
7. Southern Made Doughnuts in 1954.
8. The mangrove tree, which grows mostly in tropical climates.
9. The owl. All other birds raise their lower eyelids.
10. Calvin Coolidge was born on July 4th, 1872.

Newsletter by: Lion Kay Hansen