

# Scarborough Maine Lions Club

Since 1948 May, 2001

#### A Word From Your President

(Who am I kidding, let's try this again) Lots of Words From Your President

Here it is May, and most of our club will be checking in from the land of sunshine, soon. It'll be nice to see all of you. We should really do something, though. It seems that the club is only full strength in the summer when we don't have regular meetings. Of course, then you are all at your summer camps, so I guess we can't win.

I hope that you remembered to give your loved one a May basket. Yes, they deserve it. Hey, the snow is almost gone from my yard now, we did some serious melting this last two weekends, but no, it's not all gone yet. What a winter.

Our last roast beef dinner of this season went well, it wasn't as well attended as past "Project Graduation" roast beef dinners, but a big crew showed up from the school, and they all worked really hard. The group should be picking up their check for their efforts at our first regular meeting here in May. It was very nice to see Ruth Leighton at the roast beef dinner, she looks wonderful. Michael Smith was working the dinner, and he asked me to say "hi" to Doc for him, so "Hi, Doc" from Michael. Karen Packham, from Project Grace, attended the roast beef dinner with her husband, and took the box of gifts that we collected for their young folks gift table, with them. I want to thank all of you, and your spouses, for bringing gifts in, and for the money donation that someone left for them. Karen and her husband were thrilled. Way to go Lions!

We were all saddened by the passing of Bunny Worthing on March 27<sup>th</sup>. She was a real lady. Grant and Bunny were married for 54 years, and

have 4 sons and 7 grandchildren We are so sorry Grant.

Well, we had a nice time at the induction/casino/dominos meeting, and by the way, thank-you Ed for bringing the dominos, and Shirley and George for going to the den early to clean the den, and set it up for the casino night. It looked fabulous. Really it did, simply fabulous. The forty dollars used to furnish quarters to the black jack and red dog tables, is now \$83.50 after 2 casino nights. Derrek is in the process of pulling the Installation together. The Higgins Beach Inn is booked for the night of June 21st, and you will find a reservation sheet with menu choices in the next newsletter.

I hope Doc keeps better tabs on Phyllis this year while they are in Vegas for the month. We won't forgive you if you lose her again, Doc.

See you at the next meeting.

And so begins the annual migration north of the snowbirds. Come on home Lions.

### May Calendar



| 5/3  | 6:30p<br>7:00p | Social hour<br>Regular dinner meeting /Speaker<br>(Len) ??                  |
|------|----------------|---|
| 5/5  |                | Officers' Training School GNG Middle School                                 |
| 5/10 | 6:30p<br>7:00p | Finance Committee Meeting<br>Board of Directors Meeting                     |
| 5/17 | 1              | Social hour<br>Regular dinner meeting/ Speaker<br>(Doc) Allison Hall of ITN |



# And The Winner Is....

District Governor, Lynda Buckinger, of 41-L, has just announced that the winner of the "Lifetime Secretary" Award is

our own Secretary, Ed Connolly. When asked what this award meant. District Governor Lynda, stated that "It means that he was nominated and has been privileged enough to win the honor of being the secretary of the Scarborough Lions Club, for his lifetime. Well, you can imagine how excited I was. Now I won't have to do it next year, uh, I mean I was really looking forward to being the secretary again, as you all know, but I guess I can live with my disappointment. I thought that I would not have time next year for this newsletter, but hey, I'll have plenty of time. You may be able to tell that I love this writing thing. It seems that every 43 years, the DG gets to appoint someone to this prestigious permanent, yes, permanent spot, and it's Lynda's turn. This is indeed an honor to be appointed to this great post, Ed, and according to Lynda, you can not turn the position down, it's like a mandate from the "King" Lion. When I mentioned that I thought that there was a slight possibility that Ed might "bolt", she laughed and said "Where would he go to get away? We're everywhere!" She even volunteered to help me duck tape his feet to the floor in the den, if I thought it might help. I thought maybe that, and we can duck tape his secretary's briefcase to his hand and force- feed him mahi-mahi until he breaks. I know that you are thrilled to death, Ed, and I couldn't be happier for you. You deserve it, because you're the best, Ed. Ed-Ed-He's Our Man, If He Can't Do It---but wait. You have to do it, ah-ah, you have no choice. What a Lion! Maybe we should have

waited until a meeting to drop this on you, I mean give you this great news, but I thought that you might like for everyone to see this in print, in black and white, and it make this more permanent. You can't deny knowing about this now. Sorry, Ed, I mean, I'm so happy for you. Congratulations!!!!!!!You're the BIG WINNER!

#### Welcome to Our Two New Lions

At our last regular meeting, on April 19th, we were lucky enough to bring two new members into our club. Neil Ross was a member of our club years ago, having originally joined in November of 1973. He and his wife, Frances, live here in Scarborough. Our second new member is Jordan Garlock. He lives in South Portland, and works here in Scarborough in Dr. Roy's office. We are all thrilled to have them, and look forward to many years of serving our community with them. Welcome to our club, fellow Lions.

#### May Birthdays



- 5/2 Chuck Fahey
- 5/2 Derrek Hansen
- 5/8 Jerry Butts

#### May Club Anniversaries

- 5/1 Doc Yayla 12 years
- 5/1 Chuck Fahey 7 years
- 5/3 John Maroon 28 years (number 1)
- 5/7 Paul Cyr 3 years
- 5/7 Gary Lamson 3 years
- 5/17 Derrek Hansen 4 years

#### **April Eyeglass Count**

- 4/3 45 pair eyeglasses 1 hearing aid
- 4/22 25 pair eyeglasses 1 hearing aid

#### Recipe of the Month

#### Pına Colada Upside-Down Cake

**Topping** 

2 c canned crushed pineapple (unsweetened), drained

1/4 c juice from pineapple

? c nonfat dry milk

2 tbsp cornstarch

2 tsp shredded coconut (unsweetened)

1 tsp coconut extract

1 tbsp sugar (or sweetener equivalent to 3 tsp sugar)

Cake

34 c all-purpose flour

1 tsp baking powder

2 tbsp plus 2 tsp reduced-calorie margarine

2 eggs

? c lowfat cottage cheese

2 tsp vanilla extract

3 tbsp sugar (or sweetener equivalent to 9 tsp sugar)

Preheat oven to 350°

Spray a 9-inch glass pie pan with a nonstick cooking spray. Line the pan with wax paper. Then spray again.

In a small bowl, combine all toppings ingredients, mixing well. Spread evenly in pan.

In a medium bowl, combine flour and baking powder. Add margarine and mix with a fork or pastry blender until mixture resembles coarse crumbs.

Combine eggs, cottage cheese, vanilla and sugar. Beat with a fork or wire whisk until blended. (Mixture will be lumpy.)

Add cottage cheese mixture to dry ingredients, stirring until all ingredients are moistened. Spoon batter evenly over topping in pan.

Bake 30 minutes, until golden.

Cool in pan on wire rack 15 minutes. Then loosen edges with knife and invert cake onto a plate. Peel off wax paper. Makes 8 servings.

## Bourbon Street Red Beans and Rice

(Vegetarian)

1 c chopped onion

1 c chopped green bell pepper

1 c chopped celery

1/2-1 jalapeno chili, finely chopped

1 tbsp vegetable oil

2 cans (15oz. Each) red beans, rinsed, drained

1/4 c vegetable broth

1 ½ tsp dried thyme leaves

1 tsp dried oregano leaves

½ tsp dried sage leaves

<sup>1</sup>/<sub>4</sub>-1/2 tsp ground cumin

<sup>1</sup>/<sub>4</sub>-1/2 tsp red pepper sauce

4-6 drops liquid smoke, optional

salt to taste

3 c cooked rice, warm

Sauté onion, bell pepper, celery, and jalapeno chili in oil in large saucepan 8 minutes.

Add beans, broth, and herbs and cook, covered over medium heat 10 minutes. Simmer, uncovered, until thickened, 5 to 10 minutes.

Stir red pepper sauce an liquid smoke into beans, season to taste with salt. Serve bean mixture over rice in shallow bowls.

Preparation time 15 minutes. Cooking time 20-25 minutes. Serves 4, at 167 calories each.

#### Questions

- Name the only undefeated heavyweight fighter in boxing history.
- 2. Who was the only player to win the triple crown twice in the American League?
- 3. Identify the only jockey to win two triple crowns.
- Name the only President who was a professional male model and started a modeling agency.
- 5. What is the only planet in the solar system that rotates clockwise.

Answers on page 4



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#### The World's Stupidest Criminals

Presumably feeling absolutely desperate for a smoke, in February 1995, a robber armed with a knife stole a half smoked cigarette from a man's mouth in east London.

In January 1988, a gunman struck in Scarborough, England. Wearing a hood and dark glasses, he forced a pharmacist's assistant, at gunpoint, to fill a bag with pimple cream. Police were said to be "puzzled."

In Florida, Uruguay, in July 1987, the Santa Lucua Chico river was spanned by a 160' iron bridge, until it suddenly disappeared, presumably stolen, without a single bolt left behind.

During a smash-and-grab raid on a Zurich, Switzerland, jeweler in October 1980, the thief had his finger cut off by broken glass as he scooped up a tray of rings. The Police identified the digit from their fingerprint files and arrested the thief within two hours.

#### **Answers** from page 2

1941 and Citation to the same achievement in 1948.
4. Gerald Ford. In the mid-1930's Ford appeared in friend. With Larry Conover, he established the Conover Modeling Agency in 1938.

of .343. Eddie Arcaro rode Whirlaway to the Triple Crown in

2. Ted Williams of the Boston Red Sox, who in 1942 won the crown with 36 home runs, 137 runs batted in, and a batting average of .356. In 1947 he won with 32 home runs, 114 RBIs, and a batting average

Rocky Marciano, with 49 wins and no deteats, became the world heavyweight champion with his win over Jersey Joe Walcott, on September 23, 1952.
Marciano announced his retirement April 27, 1956, and was enshrined in the Boxing Hall of Fame in 1959.

Newsletter by: Lion Kay Hansen